



Curriculum vitae

Personal Data

Date Prepared: August 19,2022
Name: Zohreh Sadat Navabi
Nationality: Iranian
Academic Status: MSc of Health Education & Health Promotion
Languages: Persian, English
Office Address: Pediatric Cardiovascular Research Center, Isfahan Cardiovascular Research Institute, Isfahan, Iran
Work Phone: +9803136115212
Work E-Mail: pediatric.cardiovascular@gmail.com
pcrc@mui.ac.ir
Work Fax: +9831-36115303
Date of Birth: April 24,1983

Education

Year	Degree	Field of Study	Institution
2014-2017	MSc degree	Health Education & Health Promotion	Shahid Sadoughi university of medical sciences, Yazd, Iran
2006-2008	Bachelor's degree	Public Health	Isfahan University of Medical Sciences, Isfahan, Iran
2003-2005	Associate degree	Public Health	Shahid Sadoughi university of medical sciences, Yazd, Iran

Thesis Title

Year	Degree	Title	Thesis Grade
2017	MSc	The Effect of Educational Intervention on Weight Loss in Adolescents with Overweight and Obesity: Application of the Theory of Planned Behavior	Excellent grade (19.75)

Academic Links

- **Google Scholar** <https://scholar.google.com/citations?user=Nwewi6EAAAAJ&hl=en>
- **ORCID ID** <https://orcid.org/0000-0002-5521-2006>
- **ResearchGate** <https://www.researchgate.net/profile/Zohreh-Sadat-Navabi-2>

Job Experience

Year(s)	Titles
2017- Until Now	Researcher in Pediatric Cardiovascular Research Center, Isfahan, Iran
2017- Until Now	Expert in Evaluation of Pediatric Cardiovascular Research Center, Isfahan, Iran
2017- Until Now	Member of Research Council in Pediatric Cardiovascular Research Center, Isfahan, Iran
2019- Until Now	Member of Evaluation and Monitoring Committee in Isfahan Cardiovascular Research Institute, Isfahan, Iran
2019- Until Now	Member of Iranian Association of Health Education and Health Promotion (IAHEP), Iran
2020- Until Now	Support Expert of Research Projects System in Isfahan University of Medical Sciences, Isfahan, Iran
2020-2021	Collaboration with the World Health Organization to the Scoring of Research Questions for the COVID-19 Research Prioritization Exercise in the Area Of Maternal, Newborn, Child, and Adolescent Health (MNCAH)
2014-2017	Expert in Prevention of Cardiovascular Disease in Children Unit, Isfahan Cardiovascular Research Institute, Isfahan, Iran
2008-2010	Expert of the Diseases Prevention and Control Unit in Isfahan Health Center No 2, Isfahan, Iran

Research Projects

- Investigating the implementation process of the clinical guidelines for early diagnosis of critical congenital heart diseases at birth by pulse oximetry in Shahid Beheshti Hospital, Isfahan University of Medical Sciences: A pilot study. (2022). Investigator.
- Effect of the facial mask on pulmonary pressure in children and adolescents with congenital heart disease and normal cases by Doppler echocardiography. (2020). Co-Investigator.
- Compilation of clinical guidelines for early diagnosis of congenital heart disease from birth to preschool age in Isfahan. (2020). Co-Investigator.
- Design, development and evaluation of mobile applications for oral health in children & adolescence with cardiovascular disease. (2020). Investigator.
- Factors associated with preventive behaviors of COVID-19 among children with congenital heart disease registered in (PROVE/CHD) of Isfahan in 2020: an application of the Protection Motivation Theory. (2020). Investigator.

- Screening of Hypertension in Adolescents to Achieve a map to the Implementation of a Cohort Study on Adolescents with Hypertension Backgrounding Isfahan Province. (2020). Co-Investigator.
- Early Results of the Persian Registry of Cardiovascular Disease/Congenital Heart Disease (PROVE/CHD) in Isfahan. (2019). Co-Investigator.
- Successful and Unsuccessful Experience of Weight Control in Adolescents with Obesity: A Qualitative Study in Isfahan City. (2019). Co-Investigator.
- The Effect of a Combined Exercise Training Program (MRT and HIIT) with Nutritional Advice on Lipid Profile, Body Mass Index and Quality of Life in Obese and Overweight Children and Adolescents. (2019). Co-Investigator.
- Risk Factors of Congenital Heart Diseases: A Hospital-Based Case-Control Study in Isfahan, Iran. (2018). Co-Investigator.
- The Effect of Self-Care Behaviors on Quality of Life in Children and Adolescents with Syncope. (2017). Co-Investigator.
- The Effect of Educational Intervention on Weight Loss in Adolescents with Overweight and Obesity: Application of the Theory of Planned Behavior. (2017). Co-Investigator.

Articles

- Ahmadi AR, Sabri MR, **Navabi ZS**, Ghaderian M, Dehghan B. Development of Clinical Guideline for Early Detection of Critical Congenital Heart Diseases at Birth by Pulse Oximetry. Tehran University Medical Journal .2022. (In Press).
- Ahmadi AR, Sabri MR, **Navabi ZS**, Eghbali-Babadi M, Khosravi AR, Mohammadifard N. Facilitating and Impeding Factors in Successful Weight Loss among the Adolescents with Overweight and Obesity: A Qualitative Study. journal of Isfahan Medical School .2022. (In Press)
- **Navabi ZS**, Ahmadi A, Sabri MR, Bagheri Kholenjani F, Ghaderian M, Dehghan B, Chehreh Mahdavi. Factors associated with preventive behaviors of COVID-19 among children with congenital heart disease: Application of protection motivation theory. J Edu Health Promot 2022. (In Press)
- **Navabi ZS**, Ahmadi A, Sabri MR. Investigate Physicians' Awareness about Newborn Pulse Oximetry Screening for Early Detection of Congenital Heart Disease. J Isfahan Med Sch 2021; 39(619): 227-33.
- Ahmed, N. U., Maamri, A., Falade, A. G., Ayede, A. I., Bhutta, A., Gambhir, A., ... & **Navabi, ZS**. Global research priorities on COVID-19 for maternal, newborn, child and adolescent health. J Glob Health. 2021 Nov 20; 11:04071.
- Ahmadi AR, Sabri MR, **Navabi ZS**, Ghaderian M, Dehghan B, Mahdavi C, Khodarahmi S. Early Results of the Persian Registry of Cardiovascular Disease/Congenital Heart Disease (PROVE/CHD) in Isfahan. The Journal of Tehran University Heart Center. 2020 Oct;15(4):158.

- Ahmadi A, Moheb-Mohammadi F, **Navabi ZS**, Dehghani M, Heydari H, Sajjadi F, Khodarahmi S. The effects of aerobic training, resistance training, combined training, and healthy eating recommendations on lipid profile and body mass index in overweight and obese children and adolescents: A randomized clinical trial. *ARYA atherosclerosis*. 2020 Sep;16(5):226.
- Ahmadi A, Gharipour M, **Navabi ZS**, Heydari H. Risk factors of congenital heart diseases: A hospital-based case-control study in Isfahan, Iran. *ARYA atherosclerosis*. 2020 Jan;16(1):1.
- Mazloomi Mahmoudabad SS, **Navabi ZS**, Ahmadi A, Askarishahi M. Investigating theory of planned behavior constructs in predicting intention and behavior to lose weight in adolescents with overweight and obesity. *Tolooebehdasht*. 2018 Jul 10;17(2):24-35.
- Mazloomi-Mahmoodabad SS, **Navabi ZS**, Ahmadi A, Askarishahi M. The Effect of Educational Intervention on Weight Loss in Adolescents with Overweight and Obesity: Application of the Theory of Planned Behavior. *ARYA atherosclerosis*. 2017 Jul;13(4):176.

Conferences

- Participated in the First National Congress of nutrition and cancer, *17-19 February 2014, Yazd, Iran*
- Participated in the First Intervention Congress of Cardiac Rehabilitation from Research to Practice, *21-23 October 2014, Isfahan, Iran*. (Poster)
- Health literacy among urban housewife's in ben (Chaharmahal and Bakhtiari province). *2nd International & 6th Nation Congress on Health Education & Promotion, 19-21 May 2015-kermanshah-Iran*. (Poster)
- Main correlates of congenital heart diseases, *International Hypertension & Health care, August 11-12-2016 Toronto, Canada*. (E-Poster)
- Investigating theory of planned behavior constructs in predicting intention and behavior to lose weight in adolescents with overweight and obesity. *The 3rd International & 8th National Congress on Health Education & Promotion, 23-25 Aug 2017 Isfahan, Iran*. (Poster)
- The Effect of Educational Intervention on Weight Loss in Adolescents with Overweight and Obesity: Application of the Theory of Planned Behavior. *The 3rd International & 8th National Congress on Health Education & Promotion, 23-25 Aug 2017 Isfahan, Iran*. (Poster)
- The role of factors of subjective norms and perceived behavioral control on weight loss behaviors in adolescents with overweight and obesity. *9th National Congress on Health Education & Promotion and 2th. Conference National Health Literacy, 18-20 November 2018 Isfahan, Iran*. (Poster)
- Investigate Physicians' Awareness about Newborn Pulse Oximetry Screening for Early Detection of Congenital Heart Disease. *13th Middle East Cardiovascular Congress 6th Congress of Clinical Cases in Complex Cardiovascular Therapeutics 21 - 24 October 2021, Shiraz, Iran*. (Poster)
- Determination of preventive behaviors for COVID-19 based on protection motivation theory among children with congenital heart disease in Isfahan, Iran. *13th Middle East*

Cardiovascular Congress 6th Congress of Clinical Cases in Complex Cardiovascular Therapeutics 21 - 24 October 2021, Shiraz, Iran. (Poster)

- Factors Related to The Intention to Perform Preventive Behaviors Against Covid-19 Among Children with Congenital Heart Diseases: Application of Protection Motivation Theory. 1th National Congress on Comprehensive Education and Care in the Corona Pandemic (Covid-19) 15-16 June 2022, Isfahan, Iran. (Presentation)

Published Book

- "Me and My Baby heart diseases", Ahmadi AR & Navabi ZS. (2021)

Journal Review

- Toloo-E-Behdasht
- International Journal of Health Education and Health Promotion
- International Quarterly of Community of Health Education
- European Journal of Pediatrics

Symposiums and Workshops

- "Method Search in Databases" Training Workshops, 12 March 2018.
- " Systematic Review " Training Workshops, 24 February 2018.
- " How to Write a Scientific Research Proposal" Training Workshops, 3 December 2018.
- " Science Article Review" Training Workshops, 26 December 2018.
- "Familiarity with Qualitative Research " Training Workshops, 29 January 2019.
- "Familiarity with Evaluating Research Activities in Research Centers" Training Webinar, 9 November 2020.
- " Medical guidelines (guidelines): from idea to writing " Training Webinar, 1 December 2020.

Programming & Software Skills

- ICDL
- SPSS software
- EPI info software
- Endnote software

Honors & Awards

- Top student during M.Sc. education (2017)
- Certificate of Appreciation from Head of Health Center No. 2 in Isfahan for the training and screening of diabetic patients (2010)
- Certificate of Appreciation from the representative office of the Supreme Leader of Shahid Sadougi University of Medical Sciences, Yazd, for scientific, cultural, and artistic activities in the university (2003)
- Receiving an appreciation letter from the head pediatric cardiovascular Research Center in the qualitative evaluation of research centers in Isfahan University of Medical (2022)